

MONTHLY NEWSLETTER

FEBRUARY 2026 | Vol. I



OUR COMMITMENT

VISION

“A literate, healthy and self-reliant Community”

MISSION

- * Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people’s skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

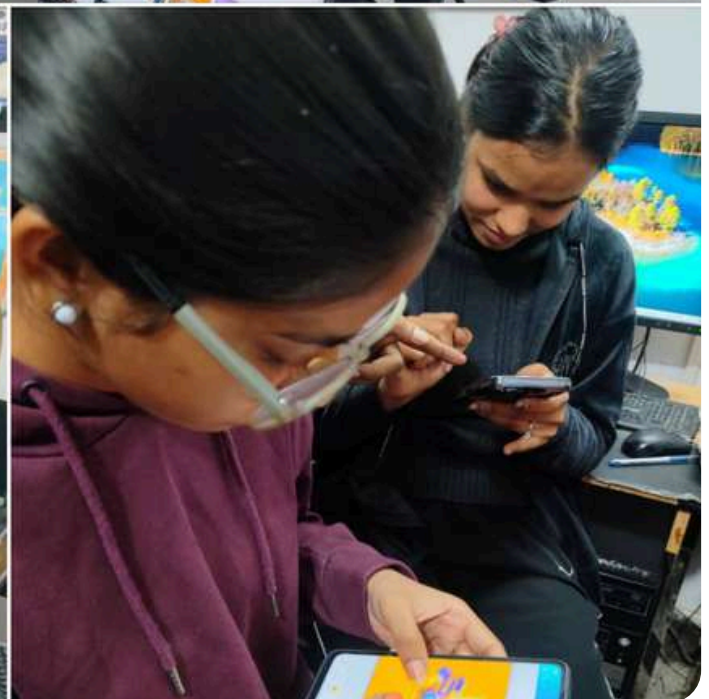
SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

Building Creative Confidence through Design & Digital Skills

At NIPUN, we are committed to equipping our students with practical, industry-relevant skills that build confidence and open pathways to employment. As part of this effort, our interns Lakshay and Rakshit, MBA students from Narsee Monjee Institute of Management Studies (NMIMS), conducted an engaging and interactive workshop on design fundamentals and Canva at our UMANG–NIPUN Vocational Training Center. The session introduced students to the basics of design thinking, color theory, visual communication, and industry expectations, followed by a hands-on walkthrough of Canva, a widely used design tool. Students then applied their learning by creating posters on themes of their choice—encouraging creativity, self-expression, and practical application.

The workshop concluded with peer reviews, fostering constructive feedback, collaboration, and stronger peer bonding. A meaningful step forward in building creative confidence and digital skills among our youth.



Clean hands, healthy lives!

NIPUN organized a Hand Wash Awareness Program for children living in the J.J. Clusters of Meera Bagh, West Delhi, with the objective of promoting healthy hygiene practices and preventing common illnesses among children. The session focused on helping children understand the importance of cleanliness in their daily lives and its direct link to good health. During the program, children were informed about the proper technique of handwashing, including when and how to wash hands—especially before eating, after using the toilet, and after playing. The session highlighted how regular handwashing helps prevent the spread of germs and protects them from infections and diseases.



The program also addressed key hygiene-related issues commonly observed among children, such as irregular handwashing, long and dirty nails, wearing unclean clothes, lack of regular bathing, unsafe food habits, and improper use of toilets, including open defecation. Children were sensitized to how these practices can lead to health problems and what simple steps they can take to stay clean and healthy. Through live demonstrations and interactive discussions, children actively participated and learned easy hygiene practices that can be followed at home and in the community. To reinforce these learnings, soaps were distributed among the children, encouraging them to practice regular handwashing as a daily habit. By strengthening awareness around hygiene and cleanliness, NIPUN continues its efforts to build healthier habits and a safer future for children from marginalized communities.



A Proud Milestone for NIPUN

The evaluation of NIPUN's Targeted Intervention Project at Batala, Gurdaspur (Punjab)—implemented with the support of the Punjab State AIDS Control Society (PSACS)—was recently conducted by PSACS and NACO.

We are delighted to share that the project was highly appreciated for its dedicated efforts towards the health, safety, and wellbeing of High-Risk Groups (HRGs), and NIPUN has successfully passed the evaluation. This recognition strengthens our commitment to continue working tirelessly for inclusive healthcare, awareness, and community empowerment.

ACHIEVEMENT

NIPUN



Because play and celebration are for every age!

NIPUN organised a joyful Sports Day for the mothers of children enrolled in our Day Care Centers at construction sites in Greater Noida. These hard working women spend long hours in physically demanding jobs, and this special event gave them a much-deserved opportunity for recreation, bonding, and fun amidst their busy and laborious schedules. The day was filled with laughter, enthusiasm, and incredible team spirit as the mothers actively participated in Matka (Pot) Race, Tug of War, Kabaddi, Flat Race and other fun games. Watching them cheer for one another, compete with excitement, and enjoy a carefree day was truly heart-warming.

At NIPUN, we believe community wellbeing is just as important as child wellbeing, and moments like these help build confidence, connection, and happiness. Celebrating the strength, resilience, and spirit of the women who build our cities.



A healthy smile begins with awareness and care!

NIPUN has been observing a prolonged concern related to dental health and hygiene among children enrolled in our Bal Vatika Project, especially those attending Balwadi and Bridge Course classes. Many children have been facing issues such as cavities, bleeding gums, and persistent bad breath, highlighting the urgent need for awareness and preventive care.

To address this, NIPUN organised a sensitization session for mothers of the enrolled children. The session focused on the importance of oral hygiene, daily dental care habits, and preventive practices at home. A live demonstration on the correct way of brushing teeth was conducted to ensure proper understanding. As part of the initiative, toothbrushes and toothpaste were distributed to more than 150 children, encouraging them to adopt healthy habits from an early age.

Because every child deserves a healthy smile and a healthier future.



Nourishment today for a healthier tomorrow

A large number of children enrolled at NIPUN's Day Care Centers at construction sites in Noida & Greater Noida come from vulnerable backgrounds and face challenges of malnutrition. Ensuring their health and growth is a top priority for us.

To address this, NIPUN has been organising regular health check-ups and growth monitoring to track each child's development. Along with this, children receive supplementary nutrition and special diets, and are provided iron, calcium, and multivitamin supplements as prescribed by doctors to support their overall wellbeing. Through consistent care and nutrition support, we are working to ensure every child gets the healthy start they deserve.



Sports teach teamwork, confidence, and the joy of trying again!

At NIPUN, we believe every child deserves a childhood filled with play, laughter, and opportunities to grow. Keeping this spirit alive, a vibrant Sports Day was organised for the children of construction workers enrolled at NIPUN Day Care Centers at construction sites in Noida.

Through our Day Care Centers, NIPUN provides a safe and nurturing space for the children of migrant construction workers—ensuring early childhood care, nutrition, pre-school education, and protection while their parents work hard to build our cities. The Sports Day brought smiles, excitement, and endless energy as children enthusiastically participated in fun activities and races including Sack Race, Lemon & Spoon Race, Maths Race, Running Race, and Team Games. The event was not just about winning—it was about building confidence, encouraging teamwork, and creating joyful childhood memories.



Seeing the children cheer for each other, celebrate small victories, and enjoy a day full of play reminded us why creating safe spaces for these young learners is so important. Because every child deserves the chance to run, play, and dream.

Healthy mothers build healthy communities.

NIPUN organised a sensitisation session for pregnant mothers to spread awareness about proper care during pregnancy and the precautions to follow for a safe and healthy journey to motherhood.

The session covered important topics such as balanced nutrition, regular health check-ups, rest, hygiene, and habits to avoid during pregnancy. The interactive discussion encouraged mothers to ask questions and understand the importance of timely care and support.



What made the initiative even more impactful was that the participating mothers shared the knowledge with other women and families in their community, helping the message reach many more households. Empowering mothers with knowledge to nurture healthier generations.

Awareness is the first step towards safety.

During recent Parent-Teacher Meetings (PTMs) across NIPUN centres, our team of teachers and community workers conducted an important sensitisation session for parents and mothers regarding the rumours and concerns around missing children.

Parents were guided on precautionary measures and safety practices to help keep their children protected—such as supervising young children, ensuring safe pick-up and drop routines, teaching children basic safety rules, and staying alert within the community. At NIPUN, we believe that building a safe environment for children begins with informed and empowered families.



HIGHLIGHTS

Healthy children learn better and grow stronger!

NIPUN organized a De-worming Camp for the children enrolled under our Bal Vatika Project as part of our continued efforts to promote preventive healthcare and overall well-being. Intestinal worm infections can affect a child's nutrition, growth, and energy levels. Through this camp, children were administered de-worming medication under proper guidance, ensuring improved nutrient absorption and better physical development. At the same time, awareness was also created among parents and caregivers about hygiene practices, handwashing, and sanitation to prevent reinfection.

Regular health interventions like de-worming play a vital role in building a healthier and more active generation. At NIPUN, we remain committed to safeguarding childhood through timely health initiatives and community awareness.



NMIMS Students Conclude Meaningful Internship at NIPUN

Two senior Master's students from Narsee Monjee Institute of Management Studies (NMIMS), School of Business Management, Mumbai, joined NIPUN for a 25-day internship in Community Development.

During their internship, they were actively involved in several meaningful projects. Their key contributions included documenting success stories of beneficiaries from our Vocational Unit and participating in an impact study on Digital Literacy among our children.

Their dedication and hard work were truly commendable!



We extend our heartfelt appreciation to Lakshay Srivastava and Rakshit Joshi for their valuable contributions. We also thank them for distributing gift items to our Vocational Trainees upon completion of their internship. Wishing them great success in their future endeavors!

Good health is the foundation of a bright future!

NIPUN successfully organized a General Health Check-up cum Growth Monitoring Camp for the children enrolled under our Bal Vatika Project, where 220 children benefited from comprehensive health screening and growth assessment.

The camp focused on regular health examinations, height and weight measurement, nutritional assessment, and early identification of health concerns. This initiative helps us closely monitor each child's physical development and ensure timely medical guidance and nutritional support wherever required. At NIPUN, we believe that healthy children are empowered learners. Through consistent health monitoring and community outreach, we continue our commitment towards ensuring holistic development and well-being of every child. Together, we are building healthier childhoods and stronger communities.



Empowering Our Communities: Staying Safe in the Digital World

At NIPUN, we believe true empowerment means being “NIPUN” (Skilled) in every aspect of life — including digital safety. Our Shiksha Saheli unit in South East Delhi recently conducted an awareness session for women's groups to safeguard our slum communities from rising cybercrime threats.

During the session, the team shared key Golden Rules for Safe Online Banking:

Never share your password, OTP, ATM PIN, or CVV with anyone.

Banks never ask for confidential details over calls or emails.

Change your banking passwords regularly.

Report suspicious activity immediately at 1930 or the National Cyber Crime Reporting Portal.

Together, let's build digitally aware and secure communities.



World NGO Day | Committed to Empowering Communities

On the occasion of World NGO Day, NIPUN proudly reaffirms its commitment to enhancing life skills and strengthening communities. Guided by our motto, “To Enhance The Life Skills,” we work tirelessly to create sustainable change at the grassroots level in the field of Health, Education, Women Empowerment, Skill Development and Disability.

We extend our heartfelt gratitude to our team members, volunteers, partners, and community supporters who make this journey possible. Together, we continue to build empowered, informed, and self-reliant communities.

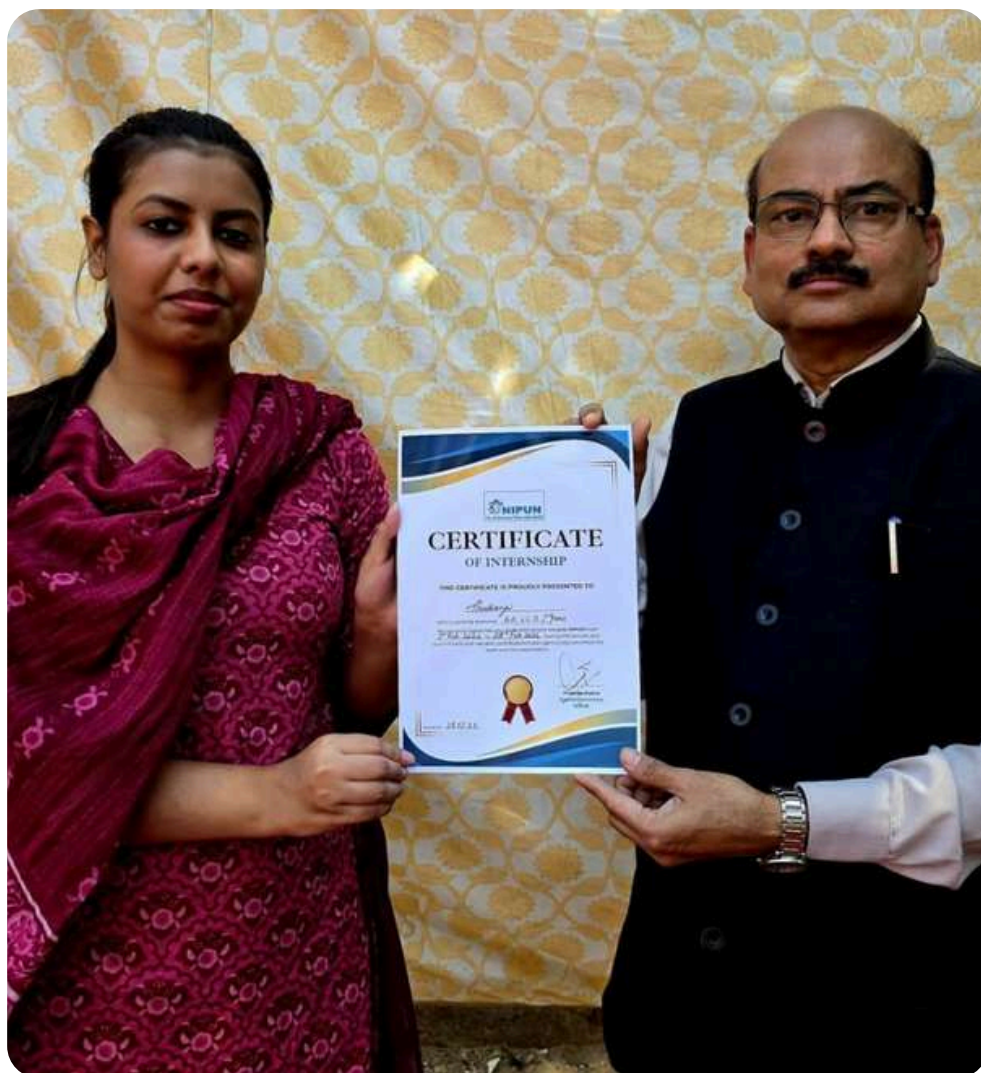


Legal Insight for Social Impact – POCSO Study at NIPUN

We are delighted to share that Ms. Shubhangi, a BA LL.B. (Hons.) student from National Law School of India University, is currently interning with NIPUN.

During her internship, she conducted an in-depth Impact Assessment Study on POCSO among beneficiaries and members of the target community who had previously undergone awareness and sensitisation training by NIPUN.

Her study focused on assessing the level of awareness, understanding of child protection mechanisms, and the practical impact of these trainings within the community.



Her analytical approach, legal insight, and commitment towards strengthening child protection systems have added immense value to our ongoing efforts to create safer environments for children. We appreciate her dedicated contribution and wish her continued success in her legal journey and future endeavors!

APPEAL

NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

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